

# KEEPING IN TOUCH IN SCARROWBECK

HOME DELIVERY FREE      donations welcome      February 2024  
 "Keeping in Touch in Scarrowbeck" for the current month is also available  
 on our website:      [www.scarrowbeckbenefice.org.uk](http://www.scarrowbeckbenefice.org.uk)

## St Mary, Erpingham



February	2 <sup>nd</sup> before Lent 4th	Next before Lent 11th	Ash Wednesday 14th	1 <sup>st</sup> of Lent 18th	2 <sup>nd</sup> of Lent 25th
Alby	--	11am HC	--	--	--
Calthorpe	--	--	--	--	--
Erpingham	10am Group Service	9.30am HC  2pm Plough Sunday Family service	9.30am Communion 'Ashing'	9.30 HC	9.30 HC
Gunton	--	--	--	--	--
Hanworth	--	--	--	--	11am HC
Ingworth	--	--	--	--	--
Thwaite	3 pm Evensong	9.30 Morning Prayer	--	11am HC	3pm Evening Prayer

### Midweek services in Erpingham church

Wednesday 7th 9.15am	Wednesday 14 <sup>th</sup> 9.30am	Wednesday 21 <sup>st</sup> 9.15am	Wednesday 28 <sup>th</sup> 9.15am
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## KEEPING IN TOUCH PRINTING COSTS

We are grateful to all who donate so generously towards the printing costs of Keeping in Touch. You can now donate securely on line with your smart phone or tablet. Please scan the QR code.



Please see the information inside the back page for donations by cheque or direct payment. Thank you for your support.

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### **Priest-in-Charge of Scarrowbeck Benefice**

Canon Heather Butcher

25, Muskett Way, Aylsham NR11 6GF 01263 735922 [canonhdb@gmail.com](mailto:canonhdb@gmail.com)

### **Scarrowbeck Benefice Churchwardens**

Alby	Mecki Green	01263 761480
Erpingham	Keith Harrison	01263761698 <a href="mailto:harriswine@doctors.org.uk">harriswine@doctors.org.uk</a>
	Linda Howard	01263 833323 <a href="mailto:cicely@danielbrian.co.uk">cicely@danielbrian.co.uk</a>
Thwaite	James Buchan	01263 768916 <a href="mailto:jebuchan@btinternet.com">jebuchan@btinternet.com</a>
	Mary-Claire Marriott	01263 761373 <a href="mailto:mcmariott@yahoo.com">mcmariott@yahoo.com</a>
Hanworth	Richard Harbord	01263 768723 <a href="mailto:richard_harbord@hotmail.com">richard_harbord@hotmail.com</a>

**Calthorpe and Ingworth are part of the Diocesan Churches Trust and have no churchwardens**

### **Scarrowbeck Benefice Lay Ministers (Readers)**

The Lay Ministers/Readers in this benefice help take services in the benefice but in addition if you or anyone you know, would like to be to be prayed for, please let Angela know, or indeed any of us, and we will gladly pray for you in our own prayers and at the services if you wish.

Please let us know as well if you know of anyone who has died and they too can be included in our prayers.

If you would like a home visit for any reason or home Communion, please contact Helen in the first place and this can be arranged at a time to suit you, or we are always on the end of a telephone:

Angela Parkes	0779969281
Helen Burrell	01263 768209
Colin Willis	01263 577288

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### **Clergy Care and Well-Bering in our benefice**

With the current emphasis on mental health, the Church of England has asked local church councils to consider the wellbeing of their clergy. In the light of this we have decided to remind people of Heather's working days so that her days off are protected. Heather normally works on Wednesdays and Thursdays and two Sundays per month which are published on the service rota. Inevitably she works on other days because of weddings and funerals but we try to avoid unnecessary phone calls when she would not normally be working.

**PRAYERS FOR THE PARISHES**    Week beginning Sunday

**February**

4th	Hanworth:	Hanworth Hall
11th	Hanworth:	Hanworth Common
19th	Calthorpe:	The Street and Wickmere Road
24th	Alby:	Church Road, Lane End and Middle Hill

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**St Mary's Church Erpingham - Help with the cost of living**

**Community Table**

The Community Table in the church continues to be well supported and used.  
Thank you to all who provide items for the table

**Food donations to the Community Table can be taken to church.**

Items recommended:

Long life milk	laundry detergent
Tinned fish	shampoo
Tinned meat	pot noodles
Tinned vegetables	deodorant
Pasta sauce	Toilet rolls
Squash/fruit juice	washing up liquid

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**Erpingham Young  
People's Choir**

For ages 7 to 16 years

**FREE**



Join us every **Thursday** during term time  
**from 4:15 until 5:15pm**

St Mary's Church  
Eagle Road, Erpingham,  
NR11 7EX

To sign up or for more information,  
please contact [evbryantvocals@gmail.com](mailto:evbryantvocals@gmail.com)

**FOOD AND FUEL FUND –  
GRANTS OPEN TO HOUSEHOLDS IN INGWORTH**

**Erpingham Church is now offering grants of £25 a month over two months (total £50) to qualifying applicants living in Ingworth.**

**Please complete and return the form below.**

**Thank you to all those who have given so generously to support this Fund.**

**INGWORTH RESIDENTS**

**Food and Fuel Grants from St Mary’s Church Erpingham**

Thanks to the generosity of givers we are now able to provide financial support this winter to households in Ingworth, who need help with the cost of living.

Applications are welcomed from anyone at least 18 years old living in Ingworth. Grants of £25 a month are available, with a maximum of 2 applications in total from each applicant/address. Grants will be made by cheque and are subject to funds being available.

We know that asking for help can be difficult but we all need support at times.

Do you have a friend or neighbour who you can encourage to apply for a grant? Please help them to do so.

To apply please complete and return the following form. Applications will be treated in the strictest confidence.

✂.....

St Mary’s Church Erpingham - Application for a Grant from the Food and Fuel Fund

I apply for a grant from the Food and Fuel Fund to help with my food and fuel costs.

Name.....

Please print your name as it appears on your bank account. The cheque you receive will be made out to this name.

Address.....

Please print your full address and postcode.

Signed.....

Dated.....

Please send your completed form to: Reverend Canon Heather Butcher,  
25, Muskett Way, Aylsham, NR11 6GF.

Photos or scans of signed forms can be emailed to Heather at  
[canonhdb@gmail.com](mailto:canonhdb@gmail.com)

## February letter

As I was growing up I used to love to watch the colours of the altar frontal and other hangings in the church change colour with the seasons. I still love the changes as we celebrate different times in the church's year.

In Advent and Lent the colour is purple; a colour used in mourning. In those seasons we become more reflective but of course Advent falls in December so we are slightly out of step with the commercial world! Purple is also the colour which signifies kingship, in Advent we are preparing for the coming of the King as a baby and in Lent we are preparing for the King to come in triumph at Easter.

At Christmas and Easter we change to white and gold to celebrate our King Through the summer the colour is green for the Trinity season reminding us of the three in one God we believe in. It is the season of growth. I really like Trinity because it goes on for a long time and there are no special services to prepare for!!

I am glad that one church tradition is to extend the celebration of Christmas until Candlemas, 2nd February. That is why you will see the Christmas tree and crib still on display in church. We haven't forgotten to put them away. While the world has moved on and the shops are full of Easter eggs already - we hold to the memory of Jesus coming to us as a baby. I'm glad of that tradition, it's always rather depressing to clear away all the lights and glitter at such a bleak time of year. I move things gradually so that the tree and crib are the last things to be put away. By February 2nd spring bulbs are coming up to cheer us.

Candlemas is the celebration for Jesus being presented at the Temple as a baby. It is the turning point between Christmas and Easter and in some churches there will be candles everywhere and a special service.

One old adage is this:

*If Candlemas be fair and bright Winter will have another flight  
If Candlemas be wet and foul the half of winter's gone at Yule*

Look out for the weather forecast!

Here is a verse from another poem:

*Candles for Candlemas of every length and size  
Twinkling in the darkness like planets from the skies  
Man made the candles, but God taught the way  
And He will lead the winter night through Spring to Summer day.*

A poem of Hope and Hope is one of the gifts of the Christian life. Not that we are always happy or that life turns out as we would wish it, but knowledge that God journeys with us and in the end we have the assurance of Julian of Norwich that "All shall be well"

Don't forget the Plough service on 11th February!!

Happy New

Heather

**Our popular Plough Service will be held on  
11th February 2024 at 2pm**

**We will be joined by the  
Erpingham young people's Choir**



## **St Mary's Church, Erpingham**

### **A morning of coffee, cake and conservation!**



**Please join us at St Mary's Church on Saturday 23rd March from 10.30am. Come along to learn about our exciting new repair and conservation project and how you can help to shape it!**

St Mary's church is on Historic England's '**Heritage At Risk**' Register and so needs urgent repairs. This consultation morning will bring you up to speed as we prepare an application to the National Lottery Heritage Fund (NLHF). The urgent repairs provide us as a village with a wonderful opportunity to deliver a new programme of linked heritage learning and interpretation for all ages. Really important in this is how the project connects to the village and how it works in partnership with new and existing groups in the community. This is an essential part of delivering a successful project with the NLHF. Erpingham is one community and by working together we will be able to celebrate our heritage and share skills and ambitions for a sustainable future.

**On 23rd March** we will be joined by our Project Architect, Ruth Brennan, and by our Project Activity Consultant, Saul, who will:

- Provide details of the urgent repairs needed to save the church
- Give an overview of what needs to be done to secure funding from the NLHF, which if successful will be a major investment for Erpingham
- Explain our initial ideas for project activities and partnerships
- Provide opportunities for discussion and feedback – it's critical that we hear from you as to how the project can best deliver for Erpingham

We do hope that you can join us at St Mary's on **23rd March** so that we can better understand how we can work together to successfully deliver this project. The event will last around an hour and a half and will start with refreshments from 10.30am.

**We look forward to seeing you!**

**Saul (Project Activity Consultant) will be at the Coffee Morning on 7<sup>th</sup> February, in the village hall, to outline this church event for 23<sup>rd</sup> March and give an opportunity to ask and answer questions.**

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### **LENT study group led by Rev Philip Butcher**

#### **"DESTINY"**



Thursday February 29th  
Thursday March 7th  
Thursday March 14<sup>th</sup>  
Thursday March 21st

**All at 3pm at the home of Helen and Stephen Burrell  
Paigles, The Street, Erpingham 01263768209**

**Everyone is welcome to come and join in the discussion**

**Family Service in Erpingham church for**

**MOTHERING SUNDAY**  
**On Sunday 10<sup>th</sup> March at 3pm**



## HOLY WEEK SERVICES IN SCARROWBECK

Stations of the Cross	Wednesday 27 <sup>th</sup> March	7pm	CALTHORPE
Maundy Thursday Communion & Stripping Altar	Thursday 28 <sup>th</sup> March	7pm	ERPINGHAM
Good Friday Reflections	Friday 29 <sup>th</sup> March	3pm	INGWORTH
Easter Day Communion	Sunday 31 <sup>st</sup> March	10am	ERPINGHAM
Easter Day Communion	Sunday 31 <sup>st</sup> March	3pm	GUNTON

**ERPINGHAM WITH CALTHORPE VILLAGE HALL  
MANAGEMENT COMMITTEE**

**ANNUAL GENERAL MEETING**

Everyone is welcome

Stay informed and get involved

This is your opportunity to have a say in local events within your area.

**Wednesday 24<sup>th</sup> April 2024**

**7:00pm**

**Erpingham with Calthorpe Village Hall**

# THE SPREAD EAGLE EAGLE ROAD



ERPINGHAM  
NORFOLK. NR11 7QA

TEL 01263 761938 / FACEBOOK : The Spread Eagle  
INSTAGRAM: thespreadeagleerpingham  
WEBSITE: [WWW.thespreadeagle.pub](http://WWW.thespreadeagle.pub)

**OPEN 6 DAYS A WEEK 12-11 PM**

Winter opening times for food 1<sup>st</sup> November – 31<sup>st</sup> March  
**CLOSED TUESDAY'S**

**LUNCHTIME MENU: SAT only 12-2PM**

**EVENING MENU: WED, FRI & SAT 5-8PM**

**NO NEED TO BOOK**

At the heart of the village is our Dog friendly pub with a friendly atmosphere, a great selection of drinks and Real Ales. We are also very proud to say that we are in The Good Beer Guide .

We are very much a traditional pub serving pub home cooked food and have large beer gardens and car parks .

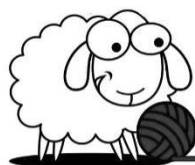
Please look online or on our blackboards outside the pub, for special events and Live music.

We also have a function room available to hire.

**EVERYBODY IS WELCOME**

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The Pavilion, Aylsham Recreation Ground  
*Your **local** not-for-profit social enterprise yarn shop*



*Hooked on Stitching*

## Clearance Sale of Wool

(To make space for lots of lovely new yarns)

**Saturday 3<sup>rd</sup> February 2024**

**10:00 – 4:30pm**

We are also offering a knitting and crocheting café – buy a ball of yarn and learn to knit or crochet a pair of fingerless gloves

Bring your own needles and hooks or buy them there

Children's Craft workshop (£2)

Refreshments also available



## Erpingham Village Hall 200 Club

### November monthly draw winners

The November draw took place at the Coffee & Cake in the Village Hall on Weds 29th November 2023.

The winning numbers were:

**£30 prize:     Number 29**

**£20 prize:     Number 20**

### Annual Grand Draw Winners!

The draw took place at the Coffee & Cake on Wednesday 20th December 2023.

The winning numbers were:

**£250           number 157**

**£200           number 14**

**£150           number 101**

**£100           number 149**

### December Monthly Draw

This took place at the same time. The winning numbers were:

**£30             number 63**

**£20             number 82**

All profits go to the upkeep of the Village Hall

There are currently no numbers available but if you would like to go on the waiting list please contact:

Yvonne Moore

[mrsyvonnemoore@yahoo.co.uk](mailto:mrsyvonnemoore@yahoo.co.uk)

tel: 01263 768358



## Little Brown Hare Pre-school Erpingham Stay and Play Sessions

Is your child aged between 1-4 years and a keen explorer?  
Come along with your child to our outdoors Pre-school:

**Thursdays 9.30-11am**

*(no booking necessary. £3 donation per child)*

**Sarah Gilding, Pre-school Manager:**

*E-mail: [pre-school@erpingham.norfolk.sch.uk](mailto:pre-school@erpingham.norfolk.sch.uk) Telephone: 01263 761365*

**Erpingham Primary School, School Road, Erpingham NR11 7QY**

**[www.blueskyfederation.co.u](http://www.blueskyfederation.co.u)**



**Erpingham Primary & Pre-School   01263 761365**

# Hanworth Memorial Hall

## Winter Warmer

From Wednesday 1st November

And every following Wednesday

12 noon to 3pm



A warm welcome, home-made soup and good company

Home-made cakes, tea and coffee

Brighten up the dark days of winter

**All welcome** Need transport?

Then call us on 01263 768765

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A very BIG *'Thank You'* from the **Friends of Calthorpe Churchyard**,  
to everyone who has generously donated their surplus,  
'pre-loved' toys and games for our 2024 fundraising  
initiative.



We will continue to accept unwanted children's play  
items throughout the next few months - just add them to  
the box inside the church next time you're passing, or  
when you visit the **Book Swap** for a great new read!  
And watch this space for news of our Toy stalls later in  
the year. *Open daily during daylight hours. All proceeds  
for upkeep of Calthorpe church & churchyard*

## THE VILLAGE SPRING BIG BREAKFAST

Back by popular demand!!!

Saturday 2<sup>nd</sup> March 9am until 11am at Erpingham with Calthorpe Village Hall.

Come and enjoy a cooked English breakfast and enjoy a selection of pastries and cereals  
(vegetarian option will be available)

This event is open to all please bring friends and family or just come along and enjoy the company of others.

£10.00 per adult

£5.00 per child or for a non-cooked breakfast

There will be limited breakfasts to just turn up on the day but to guarantee your space

Please call Ro on 01263 768220

Or

Lucy on 01263 768855



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## Calthorpe Townlands Allotments



We have all seen 'Grow Your Own' re-emerge recently into the spotlight as a healthy, life-affirming activity with definite economic benefits. With this in mind, Calthorpe Townlands Trust, which oversees day to day management of the allotments, recently met with current and prospective allotment holders to determine how best the facility can be enhanced to meet the needs of a new generation of growers. Access to water has always been a problem here, but the Trust is now in a position to address this issue for 2024. Plot size has also perplexed some growers ... modern households are smaller, time is limited and we no longer need large areas to cultivate and maintain. Accordingly, work has begun to reorganise the site for contemporary needs, providing a number of smaller, better-defined allotments, and some raised beds for users who are perhaps less able, or

have only minimal planting needs - or who simply prefer a 'No Dig' method of growing. Access to plots will be improved by adding a hard track, with turning area, enabling drivers to bring equipment / supplies closer to their own plot. Calthorpe Townlands Trust aims to transform the Allotments into a more attractive area where growing and socialising with like-minded producers is a pleasure rather than a chore! Anyone in or near to Calthorpe who would like to join our family of enthusiastic gardeners is invited to get in touch. New plots will be allocated on a first-come, first-served basis; just *phone* Jim (01263 761798) or Ray (01263 761694). Alternatively, *email* jim@dofygate.co.uk with your name and contact details. We will get back to you as soon as a suitable plot becomes available.

**Local residents are encouraged to submit their comments for the mast application on the land north of Manor Farm, NR11 7QD.**

We have been informed planning will decide on a meeting scheduled for March 2024.

A meeting with the MP, NNDC, local councillor, parish councils and the 4 major telecommunications companies, along with 3 local residents will take place on 31st January 2024.

If local residents would like their comments to be taken into consideration, then they need to be submitted to the council:



**ACT NOW**



<https://idoxpa.north-norfolk.gov.uk/online-applications>

If you are unable to register and access the portal, please email your comments to:

[planning@north-norfolk.gov.uk](mailto:planning@north-norfolk.gov.uk)

Application number PF/22/2650

Alternatively you can write to:

FAO: Planning North Norfolk District Council Council Offices Holt Road Cromer Norfolk NR27 9EN

Please state your address and postcode within your correspondence.

With Pia Shell

# Hatha Yoga

TEACHER TEACHER TEACHER

Yoga to strengthen, stretch, release and relax  
A quiet and mindful practice

Thursday evenings  
6.45 - 8.15 pm

Erpingham Village Hall,  
NR11 7QB

First class  
free of charge

Please contact Pia  
[pia.shell@gmail.com](mailto:pia.shell@gmail.com)  
07767896610

## Teucer Wilson, stone carving & lettering

sculpture, garden pieces, memorials, signs  
[www.teucerwilson.co.uk](http://www.teucerwilson.co.uk) 07876 243230

## Alby Horseshoes Inn



### Summer opening times

Monday-closed  
Tuesday & Wednesday - open from 12.30  
Thursday 5-8.30pm  
Friday, Saturday & Sunday open from 12  
Booking advised  
Phone 01263761378/07399321553  
Email [albyhorseshoesinn@gmail.com](mailto:albyhorseshoesinn@gmail.com)  
This pub is a free house, serving real ales from local breweries and home cooked traditional food. Also, regular live music and quizzes Look out for us  
Facebook page: The Alby horseshoes inn

## Alby Gardens - a Little Gem

Come and visit Alby gardens. They are a hidden gem that many people do not know exist - tucked away at the back of Alby Crafts. Four acres of consummate quiet and a place to reflect which have evolved over its 45year history

OPEN Summer: (late March to late October)  
Tuesday to Sunday 10am to 5pm and Bank Holiday Mondays



## The garden at **Chestnut Farm** will be open twice this snowdrop season

**Sunday 18 February      11am - 4pm      St John Ambulance**

Refreshments available,  
Snowdrops for sale, admission £5 children free

**Sunday 25 February      11am – 4pm      National Garden Scheme**

Refreshments available,  
Snowdrops for sale, admission £5 children free

## G'DAY HANDYMAN SERVICES

General property maintenance, painting & decorating,  
man with a van, flat pack assembly,  
garden maintenance, odd jobs.  
All work considered in the north Norfolk area.  
Tele 07876 455731



**SUMMARY OF INGWORTH PARISH COUNCIL MEETING  
HELD ON 16TH NOVEMBER 2023**

The Council had a packed agenda for its last meeting. Prior to the start of the meeting representatives from the National Trust updated Councillors on recent activity on the Estate. This included the appointment of Angela Brook as NT's new Community Manager and there was discussion about how the Council and NT could work together. Councillor Toye from the District Council and Councillor Penfold from the County Council were also in attendance to update councillors on matters relevant to the Parish.

Main agenda items included discussion around speeding traffic in the village and how data collected from the Speed Awareness Monitor could make a case for County Highways acting, possibly reducing the speed limit. There was also discussion around the postponed Blickling Half Marathon, now scheduled for 4<sup>th</sup> February 2024 and how the associated road closures might affect the village which councillors were concerned about. Standing items included on-going maintenance and upkeep of the Reading Room, Playground and Village Green.

On the business side of the things the Council agreed it's budget for 2024/25 and set the precept (the amount which goes on to the Council Tax to fund the parish's work). This is unchanged from last year and was set at £2830. The Council also agreed a policy on the control and scrutiny of internal finances and approved the accounts and payments since the last meeting.

A copy of the draft minutes of the meeting along with the budget for 2024/25 can be found on the parish council's website: <https://ingworth-parish-council.norfolkparishes.gov.uk>

Colin Studholme

Clerk to the Parish Council

1st December 2023

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**North Walsham Chess Tournament for Children & Adults  
Friday 23rd February 2024**

Following the success of last year's event, Norfolk County Chess Association (NCCA) and North Walsham Library Chess Club (NWLCC) are again organising a Chess Tournament for children and adults at North Walsham Community Centre, New Road, North Walsham on the afternoon of Friday 23rd February (during the half-term break).

The event will have two main sections:

The Junior Section is aimed at children up to the age of 18 years.

The Open Section is aimed at adults and junior players who have significant previous experience of playing tournament chess.

Potential players and parents/carers interested in finding out more can:

go to the www link: [bit.ly/nwchess](http://bit.ly/nwchess)

e-mail: [norfolkjuniorchess@gmail.com](mailto:norfolkjuniorchess@gmail.com)

or phone Jonathan Reeve Tel: 01263-733744

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If any readers would like to make a one-off or regular donation, please make a direct payment or set up a Standing Order to:

**Erpingham Parochial Church Council**

**Sort Code: 20-03-26**

**Account Number: 40358452**

Please reference the payment "Keeping in Touch"

or send a cheque payable to Erpingham PCC to our Treasurer:

**Liz Ashness, Beech Cottage, Chapel Road, Erpingham,**

**Norwich NR11 7QJ**

**Tel: 01263 761224**

**[liz.ashness@btinternet.com](mailto:liz.ashness@btinternet.com)**

(please write "Keeping in Touch" on the back of the cheque)

Please let the Treasurer know if you are able to Gift Aid your donation.

# What's on at Aldborough Community Centre?

(Registered charity 268101)

<p align="center"><b>Exercise at ACC</b> <i>Stay local, save time and fuel!</i></p>	<p align="center"><b>Film Nights at ACC</b> <i>Join us!</i></p>															
<p align="center"><i>Check website for details.</i></p> <table border="0"> <tr> <td>Tuesday</td> <td>5-6pm</td> <td>Belly Dancing</td> </tr> <tr> <td>Thursday</td> <td>4.30-5.30pm</td> <td>Pilates</td> </tr> <tr> <td>Thursday</td> <td>6.15-7.15pm</td> <td>Zumba</td> </tr> <tr> <td>Friday</td> <td>10-11am</td> <td>Extend fitness</td> </tr> <tr> <td>Friday</td> <td>6-7pm</td> <td>Yoga</td> </tr> </table>	Tuesday	5-6pm	Belly Dancing	Thursday	4.30-5.30pm	Pilates	Thursday	6.15-7.15pm	Zumba	Friday	10-11am	Extend fitness	Friday	6-7pm	Yoga	<p>Every 3<sup>rd</sup> Wednesday of the month. Screening at 7.30pm, Bar opens 7pm February 21<sup>st</sup> (special Half Term family film night) March 20<sup>th</sup> April 17<sup>th</sup> Details of films on posters at ACC or email David at <a href="mailto:dpg.jazz@icloud.com">dpg.jazz@icloud.com</a></p>
Tuesday	5-6pm	Belly Dancing														
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Friday	6-7pm	Yoga														
<div data-bbox="220 622 837 766" data-label="Image"> </div> <p>Every Tuesday from 10-12 -filter coffee, teas, cakes, newspapers and chat. ALL WELCOME!</p> <p align="center"><b>HUB TALKS</b> Tuesdays 2pm <i>Inspiring speakers with great stories to share.</i> February 6<sup>th</sup> Karl Bloor 'Vision Norfolk and its work' February 13<sup>th</sup> 'Our Ocean Ambassadors' Aldborough Primary School' February 27<sup>th</sup> 'Avoiding Financial Scams' March 5<sup>th</sup> Prof Barrie Hayes-; 'Breakthrough innovation in foetal heart monitoring- my story'</p>	<p align="center"><b>Our 30<sup>th</sup> panto!</b></p> <div data-bbox="922 683 1264 1176" data-label="Image"> </div> <table border="0"> <tr> <td>Wed, Feb 7<sup>th</sup> 7.30 pm</td> </tr> <tr> <td>Thurs Feb 8<sup>th</sup> 7.30 pm</td> </tr> <tr> <td>Fri Feb 9<sup>th</sup> 7.30 pm</td> </tr> <tr> <td>Sat, Feb 10<sup>th</sup> 6.30pm</td> </tr> </table> <p>Adults £7, Children (under 16) £3.50</p> <p>Tickets from Aldborough Post Office Shop or Online: <a href="http://www.aldboroughcommunitycentre.com">www.aldboroughcommunitycentre.com</a></p>	Wed, Feb 7 <sup>th</sup> 7.30 pm	Thurs Feb 8 <sup>th</sup> 7.30 pm	Fri Feb 9 <sup>th</sup> 7.30 pm	Sat, Feb 10 <sup>th</sup> 6.30pm											
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Fri Feb 9 <sup>th</sup> 7.30 pm																
Sat, Feb 10 <sup>th</sup> 6.30pm																
<p align="center"><b>Bar Tones</b> 'Singing for Fun' group meets every Tuesday. 7pm-8.00 pm ALL WELCOME!</p>	<p align="center"><b>Baby/toddler group</b> Wednesday 1.00pm- 2.30pm (have a coffee and chat first and session starts about 1.15 pm)</p> <p><i>Parents, grandparents, aunts, uncles and other carers all welcome to bring along 0- 4-year olds</i> <i>You and your child can make friends and have fun, while finding out how the things you do now will help them make the most of their futures.</i></p>															
<p align="center"><b>ACC Bookings and Hire</b> Please use our online booking system on our website: <a href="http://www.aldboroughcommunitycentre.com">www.aldboroughcommunitycentre.com</a> Or email; <a href="mailto:Julie@floribunda-workshop.co.uk">Julie@floribunda-workshop.co.uk</a></p> <p>£13/hour for hire of the entire premises, £10/hour for wellbeing classes/events</p> <p><a href="https://www.facebook.com/AldbroughCommunityCentre/">https://www.facebook.com/AldbroughCommunityCentre/</a></p>	<p align="center"><b>Ongoing refurbishment....</b> New blackout blinds being installed in the main hall. Redecorating main hall New energy efficient lighting being planned.</p>															
<p align="center"><b>RESOURCE ROOM IS NOW OPEN</b> Meeting room accommodating 10 with internet access; projector, laptop, printer, laminator, guillotine all available for use. Book online or drop by on Tuesday mornings when our administrator will help you with printing etc,</p>																

**THE NEXT ISSUE:** Please send copy for the **MARCH 2024** edition  
by **14<sup>th</sup> February 2024**

**to the editor:** Linda Howard [cicely@danielbrian.co.uk](mailto:cicely@danielbrian.co.uk) 01263 833323

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